



# Pilates with Kelly at



31 S. Rhode Island Ave.  
Atlantic City  
Free Parking

**Class Fee \$10**  
Bring your own Mat

Groups of six or more may call and make arrangements for a group class. Due to lack of participation, a weekly schedule was cancelled.

**One hour class**

15 minute optional warm up  
lighthouse climb followed by 45  
minutes of Pilates  
Guys & Gals  
All levels and ages

Kelly DelGesso's classes are known for being fun, challenging, and results oriented, yet suited for every level.

*Join us and see for yourself!*

**Call 609-449-1360.**

*A portion of the proceeds will benefit the education programs for children offered at the Lighthouse.*